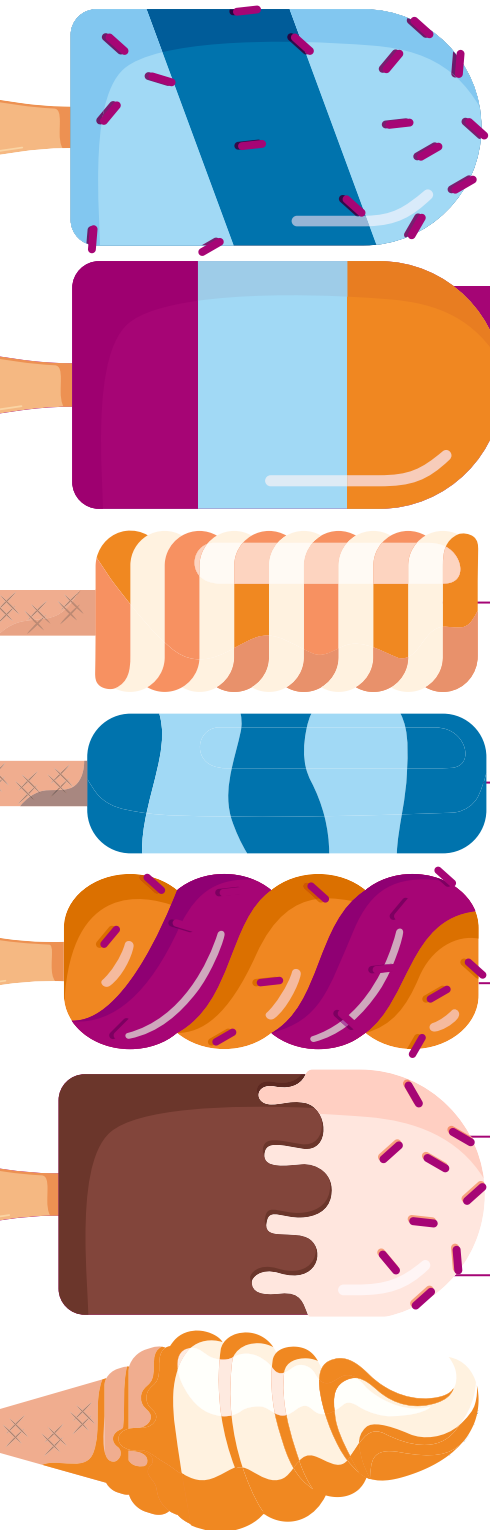


# FROZEN TREAT *Face off*

A cool treat on a hot summer's day is a thing of beauty. We're here to help you make your best choice – based on your personal goals.



TYPE OR CATEGORY	SERVING SIZE	TOTAL CALORIES	TOTAL CARBS	TOTAL SUGAR	NUTRITION FACTS
<b>FROZEN YOGURT</b> Vanilla, Orange Leaf Yogurt	2/3 cup 5.3 oz 150 g	238	42g	32g	<a href="#">VIEW FULL FACTS HERE</a>
<b>ICE CREAM</b> Natural Vanilla, Breyers	2/3 cup 88 g	170	19g	19g	<a href="#">VIEW FULL FACTS HERE</a>
<b>ICE CREAM ALT.</b> Vanilla Bean, Halo Top	2/3 cup 85 g	90	22g	6g*	<a href="#">VIEW FULL FACTS HERE</a>
<b>FROZEN CUSTARD</b> Vanilla, Ritter's	156 g	251	35g	28g	<a href="#">VIEW FULL FACTS HERE</a>
<b>GELATO</b> Vanilla Bean, Talenti	2/3 cup 129 g	260	32g	24g	<a href="#">VIEW FULL FACTS HERE</a>
<b>FROZEN FRUIT</b> Strawberry, Outshine	21 bar 72 g	60	16g	15g	<a href="#">VIEW FULL FACTS HERE</a>