

LEFTOVER LESSONS

Instead of the smell test, consider how long your leftovers have been in the fridge since they were prepared. Different items have a different shelf life, **so keep the following time frames in mind:**

Pasta

1-3
DAYS



Rotisserie Chicken

3-4
DAYS

from
purchase
date



Shrimp

3-4
DAYS



Pizza

3-4
DAYS



Red meat

3-5
DAYS



Chicken and pork

3-4
DAYS



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