

DONNING AND DOFFING YOUR MASK

Donning (putting on):



Clean your hands.



Apply the mask
to your face.



Check the fit and
proper placement
of your mask.



Clean your hands
again.

Doffing (taking off):



Clean your hands.



Remove your mask
by the straps.



Holding the mask by the
straps, properly store it or
discard it if it's soiled.



Clean your hands
again.

Make sure you are safely storing your mask correctly

- + Clean your hands first and remove your mask using the ear loops.
- + Fold it in half (inside of the mask, aka the clean side, should be on the outside) by touching the inside of the mask and carefully placing in a folded piece of paper.
- + DO NOT put the mask in your pocket, wear on your arm or have it hang over your ear; doing so increases your risk of infection.